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How Emotions  
Are Made The  
Secret Life Of  
The Brain

**How  
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Are Made  
The Secret  
Life Of The  
Brain**

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brain hence  
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**How Emotions Are  
Made by Lisa  
Feldman Barrett  
| Summary | Free  
Audiobook**

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Lisa Feldman  
Barrett, \ "How  
Emotions Are  
Made\ "How  
~~Emotions are  
Made (Cinematic  
Lecture) 'How  
Emotions Are  
Made: The Secret~~

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~~Life of the~~  
~~Brain' — Dr Lisa~~  
~~Secret Life Of~~  
~~The Brain~~  
~~Lisa Feldman~~  
~~Barrett — How~~  
~~Emotions are~~  
~~Made: The Secret~~  
~~Life of the~~  
~~Brain How~~  
*Emotions Are*  
*Made by Lisa*  
*Feldman Barrett.*  
*A Review.*

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How Emotions are

*Page 7/53*

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Made by Lisa  
Feldman Barrett  
Book Review

~~Cartoon Science~~

~~(How Emotions  
are Made) You  
aren't at the  
mercy of your  
emotions — your  
brain creates  
them | Lisa~~

~~Feldman Barrett~~

*Making Emotion*

*(How Emotions*

*Page 8/53*



# Read Online How Emotions

are Made) ?LISA  
FELDMAN BARRETT:

The Secret  
Behind Your

Emotions \u0026

What It Means 4

You! How

Emotions Are

Made Alfred

\u0026 Shadow

A short story

about emotions

(education

psychology

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~~health  
animation)~~

---

Feelings versus  
Emotions Gregg

*Braden - When  
Thought, Feeling  
And Emotion*

*Become One This  
Magic Will  
Happen*

---

This is why you  
feel the way you  
feel Coping with  
Emotions By

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Putting Them  
Into Words |  
Affect Labeling  
**Emotional**

**Intelligence:**  
Using the Laws  
of Attraction |  
D. Ivan Young |  
TEDxLSCTomball  
What Are  
\"Positive\"  
Emotions? Learn  
How To Move Into  
An Emotion To

Read Online  
How Emotions  
Create Satisfactory  
Results  
Psychology

researcher and  
neuroscientist  
Lisa Feldman  
Barrett  
discusses where  
our emotions  
come from

*Emotional  
Mastery: The  
Gifted Wisdom of*

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~~Unpleasant The  
Feelings / Dr  
Joan Rosenberg /  
TEDxSantaBarbara  
Lisa Feldman  
Barrett: How the  
Brain Creates  
Emotions | MIT  
Artificial  
General  
Intelligence  
(AGI) Simulation  
(How Emotions  
are Made)~~

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How Emotions are  
Made: Lisa  
Feldman Barrett  
at the 2019

Providence Book  
Festival

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Book 20 of 2019

~ How Emotions  
are Made ~ Lisa  
Feldman Barrett

*How Emotions are  
made in your  
Brain Core*

~~Systems (How~~

*Page 14/53*

# Read Online How Emotions

~~Emotions are  
Made)~~ Ask How,  
Not Where (How  
Emotions are  
Made)

**Implications  
(How Emotions  
are Made)** *How  
Emotions Are  
Made The*

In How Your  
Emotions Are  
Made, pioneering  
psychologist

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Lisa Feldman  
Barrett draws on  
the latest  
scientific  
evidence to  
reveal that our  
ideas about  
emotion are  
dramatically,  
even  
dangerously, out  
of date - and  
that we have  
been paying the



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price. Emotions don't exist objectively in nature, Barrett explains, and they aren't pre-programmed in our brains and bodies; rather, they are psychological experiences that each of us constructs based

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Are Made  
The Secret Life Of  
The Brain  
on our unique  
personal  
history,  
physiology and  
environment.

*How Emotions Are  
Made: The Secret  
Life of the  
Brain ...*

In How Emotions  
Are Made,  
pioneering  
psychologist and

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neuroscientist  
Lisa Feldman  
Barrett draws on  
the latest  
scientific  
evidence to  
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common-sense  
ideas about  
emotions are  
dramatically,  
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they are  
psychological  
experiences that  
each of us  
constructs based  
on our unique

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Are Made The  
personal  
history,  
physiology and  
environment.

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Made: The Secret  
Life of the  
Brain ...*

How Emotions are  
Made will help  
you remake your  
life, giving you  
new lenses to

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see familiar  
feelings--from  
anxiety to love--  
anew."--Barbara

Fredrickson,  
author of  
Positivity and  
Love 2.0 "How  
Emotions are  
Made is a tour  
de force in the  
quest to  
understand how  
we perceive,

Read Online  
How Emotions  
Are Made and The  
decide. It lays  
the groundwork  
to address many  
of the mysteries  
...

*How Emotions Are  
Made: The Secret  
Life of the  
Brain ...*

Excerpt from How  
Emotions are  
Made: "The human

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Are Made The  
brain is a  
master of  
deception. It  
creates

experiences and  
directs actions  
with a  
magician's  
skill, never  
revealing how it  
does so, all the  
while giving us  
a false sense of  
confidence that



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Are Made The  
our day-to-day  
experiences –  
The Brain  
reveal its inner  
workings.

*How Emotions Are  
Made | Lisa*

*Feldman Barrett*

A lucid report  
from the cutting  
edge of emotion  
science, How  
Emotions Are

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Made reveals the  
profound real-  
world

consequences of  
this

breakthrough for  
everything from  
neuroscience and  
medicine to the  
legal system and  
even national  
security, laying  
bare the immense  
implications of

# Read Online How Emotions Are Made The most intimate scientific revolution.

"Mind-blowing."

*How Emotions Are  
Made: The Secret  
Life of the  
Brain - Lisa ...*  
How Emotions Are  
Made: The Secret  
Life of the  
Brain. A new

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theory of how  
the brain  
constructs  
emotions that  
could  
revolutionize  
psychology,  
health care, law  
enforcement, and  
our  
understanding of  
the human mind.  
Emotions feel  
automatic, like

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## How Emotions Are Made

uncontrollable  
reactions to  
things we think  
and experience.

*How Emotions Are  
Made: The Secret  
Life of the  
Brain by ...*

How Emotions Are  
Made will help  
you remake your  
life, giving you  
new lenses to

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see familiar  
feelings--from  
anxiety to  
love--anew." --

Barbara  
Fredrickson,  
author of  
Positivity and  
Love 2.0 "How  
Emotions Are  
Made is a tour  
de force in the  
quest to  
understand how

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we perceive, judge and decide. It lays the groundwork to address many of the mysteries of human behavior.

*How Emotions Are Made: The Secret Life of the Brain ...*

I think the way

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emotions are made is not special: your brain makes an emotion by using prior experiences of emotion to predict and explain incoming sensory inputs, and guide action.



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*Are Made The  
intelligence and  
Secret Life Of  
how emotions are  
The Brain  
'made' | WIRED*

UK

"Extraordinarily well written, Lisa Barrett's How Emotions are Made chronicles a paradigm shift in the science of emotion. But more than just a

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chronicle, this book is a brilliant work of translation, translating the new neuroscience of emotion into understandable and readable terms.

*How Emotions Are Made*

Humans express

*Page 34/53*

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## How Emotions

Are Made The  
through facial  
expressions,  
tone of voice,  
hand gestures  
and so on. Based  
on these six  
basic emotions,  
people develop  
secondary  
emotions which  
are known to be  
more than 27.

Bryn Farnsworth,

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P., Bryn  
Farnsworth, P.,  
& Bryn  
Farnsworth, P.  
(2015).

*Emotions: How  
emotions are  
made, Why  
emotions are  
important*

Chapter 4

endnote 36, from  
How Emotions are

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Are Made: The Secret  
Life of the  
Brain by Lisa  
Feldman Barrett.

Some context is:  
Scholars and  
scientists have  
confused affect  
and emotion for  
centuries.

Affect is your  
basic sense of  
feeling, ranging  
from unpleasant

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to pleasant  
(valence), and  
from agitated to  
calm (arousal).

Emotion is a  
much more  
complex ...

*Affect vs.  
emotion - How  
Emotions Are  
Made*

How does a  
person

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experience and  
perceive  
emotions like  
anger, sadness,  
and fear as  
distinct events  
that erupt to  
interfere with  
whatever you  
were thinking  
and doing a  
moment  
beforehand when  
there are no

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Are Made The  
objective  
fingerprints to  
Secret Life Of  
distinguish them  
The Brain  
in the face,  
body and brain?  
That is what How  
Emotions are  
Made is about.  
Notes on the  
Notes

*Emotion paradox*  
*- How Emotions*  
*Are Made*



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In *How Emotions Are Made*, pioneering psychologist and neuroscientist Lisa Feldman Barrett draws on the latest scientific evidence to reveal that our common-sense ideas about emotions are

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How Emotions  
dramatically,  
even  
dangerously, out  
of date – and  
that we have  
been paying the  
price. Emotions  
aren't  
universally pre-  
programmed in  
our brains and  
bodies; rather  
they are  
psychological

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Are Made: The  
Secret Life Of  
The Brain

experiences that  
each of us  
constructs based  
on our unique  
personal  
history,  
physiology and  
environment.

*How Emotions Are  
Made: The Secret  
Life of the  
Brain eBook ...*

In the book How  
*Page 43/53*

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Are Made: The Secret  
Life of the  
Brain, author  
and  
distinguished  
professor of  
psychology Lisa  
Feldman Barrett  
sets out to  
clear the air.  
This TED speaker  
will tell you  
what the

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research really says. And in the process, she challenges pretty much all you thought you knew about human emotions.

*How Emotions Are  
Made Summary -  
Four Minute  
Books*

Chapter 12

*Page 45/53*

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endnote 54, from  
How Emotions are  
Made: The Secret  
Life of the  
Brain by Lisa  
Feldman Barrett.  
Some context is:  
One prominent  
neuroscientist,  
Jaak Panksepp,  
routinely  
invites his  
audiences to see  
evidence of such

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circuits in his photos of growling dogs and hissing cats, and in videos of baby birds "crying for their mothers."

*Jaak Panksepp -  
How Emotions Are  
Made*

In How Emotions

*Page 47/53*

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Are Made, The  
Barrett tells  
the story of a  
date she

reluctantly  
agreed to go on,  
which took an  
unexpected turn  
as her stomach  
flipped while  
she was having  
coffee with the  
guy. "OK, I...



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*'I'm extremely  
controversial':  
the psychologist  
rethinking ...*

In *How Your  
Emotions Are  
Made*, pioneering  
psychologist  
Lisa Feldman  
Barrett draws on  
the latest  
scientific  
evidence to  
reveal that our

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Ideas about the  
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dramatically,  
even

dangerously, out  
of date - and  
that we have  
been paying the  
price. Emotions  
don't exist  
objectively in  
nature, Barrett  
explains, and  
they aren't pre-

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Are Made in  
our . . .  
Secret Life Of  
The Brain

*How Emotions Are  
Made: The Secret  
Life of the  
Brain Book . . .*

A new theory of  
how the brain  
constructs  
emotions that  
could  
revolutionize  
psychology,

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## How Emotions

health care, law enforcement, and our

understanding of the human mind.

Emotions feel automatic to us; that's why scientists have long assumed that emotions are hardwired in the body or the brain.

# Read Online How Emotions Are Made The Secret Life Of The Brain

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